

## Paracentesis or Ascitic Tap

Your doctor has asked us to perform a **paracentesis or ascitic tap**. We have designed this brochure to help you prepare for your procedure. A paracentesis is a procedure where a needle is inserted to drain fluid which has accumulated in the abdominal cavity.

### Preparation

- You will be given instructions by our booking staff regarding the time of your appointment and any necessary preparation.
- You are not required to fast for this procedure.
- You need to notify us and your referring doctor if you are on blood thinning medications or injections (eg aspirin, warfarin, coumadin, Plavix or Clexane etc.) or if you are taking fish oil or krill oil as these also increase the risk of bleeding.
- Please shower on the morning of your procedure before coming to the hospital.

### Procedure

- You will be changed into a gown and taken into an ultrasound room in the radiology department.
- Your abdomen will be wiped clean with an antiseptic fluid. The specialist Radiologist will locate the fluid in your abdomen using ultrasound imaging and determine the safest way to reach the fluid.
- You will be fully awake during the procedure but the doctor will numb a small area of skin with local anaesthetic for your comfort.
- A needle is used to insert a thin plastic drainage tube into the fluid through the numbed area of skin. After the required amount of fluid is drained, the tube is removed and a small dressing will be placed over the puncture site.

### Post procedure

- The radiology nursing staff will monitor you after the procedure. You may need to be observed in the department for up to 1 hour.
- You can change back into your normal clothes and you will need to have someone drive you home upon your discharge.
- Most patients will have a tiny scar on their skin at the site where the drain was inserted. Fluid may leak out of the wound under the dressing. It is important to keep the wound covered with a clean dry dressing until it is no longer leaking any fluid.
- You may have a shower but should avoid any strenuous activity for at least 5 days until the wound fully heals.
- A simple pain killer such as paracetamol should be sufficient if there is any discomfort once the local anaesthetic wears off.



If you experience bleeding or excessive bruising/swelling, redness or other evidence of infection please contact our clinic nurses between 8.00am and 6.00pm. Outside these hours please contact your local emergency centre or referring doctor.