

## Hickman Catheter Insertion

Your doctor has asked us for a Hickman catheter to be inserted.  
We have designed this brochure to help you prepare for this procedure.

### What is a Hickman Catheter?

A Hickman Catheter is special tube placed into a large vein in the chest usually for the purposes of drug administration or dialysis. A part of the tube is tunnelled under the skin. The tube can stay in for many months and is removed when no longer required.

### Preparation

- You will be given instructions by our booking staff regarding the time of your appointment and any necessary preparation.
- You will be admitted to day surgery.
- Please shower on the morning of your procedure before coming to the hospital.
- You are required to fast for 4 hours prior to this procedure.
- You should take your normal medications with a sip of water.
- You need to notify us and your referring doctor if you are on blood thinning medications or injections (eg aspirin, warfarin, coumadin, Plavix or Clexane etc.) or if you are taking fish oil or krill oil as these also increase the risk of bleeding. These medications may need to be stopped for several days prior to your procedure.
- You will be changed into a hospital gown and an intravenous line will be inserted.

### Procedure

- You will be taken from day surgery to the radiology department and asked to lie on an x-ray bed. A specialist Radiologist performs the procedure assisted by nursing and technical staff.
- You will be given intravenous sedation to help make you calm and relaxed during the procedure.
- The skin insertion sites are cleaned with an antiseptic

solution and made numb with local anaesthetic. The catheter is placed into the vein through a small skin nick in the neck and there will also be another nick where the catheter comes out from under the skin on the upper chest wall.

- An ultrasound machine is used to allow ready access to the vein and the x-ray machine is used to make sure the catheter is positioned appropriately.
- A dressing will be applied.

### Post procedure

- You will initially be observed in the radiology department and then returned to day surgery. You need to rest in bed for around 2 hours after the procedure to minimise the risk of bleeding or bruising at the insertion site. You can eat and drink during this time.
- You will then need someone to drive you home where you should rest until the following day. Sporting and other strenuous activity should be avoided for at least 5 days after the procedure to allow the area to recover. Your particular circumstances can be discussed with the radiology staff at the time of your procedure.
- The dressing should remain clean and dry until you have your first appointment with the Oncology clinic.
- Paracetamol should help with any pain once the local anaesthetic wears off.



If you experience excessive pain, fever, fluid leakage or other adverse symptoms please contact our clinic nurses directly on **07 4124 3133** between 8.00am and 5.00pm or your referring doctor. After hours please present to the emergency department at either Hervey Bay or Maryborough Hospital.